MARCH 2024



### Yorkston School Newsletter



## **DEAR STUDENTS,**

As we approach the **Easter** break, I wanted to take this opportunity to send you all some warm wishes and a few language tips to keep your English skills sharp during the holiday.

#### Let's dive right in!











# **BRITISH EASTER TRADITIONS**

1. **Easter Eggs:** In the UK, Easter eggs are a symbol of **new life** and **rebirth**. These are often **chocolate** eggs, sometimes filled with sweets or treats. Families exchange Easter eggs as gifts, and they are often hidden for children to find during Easter egg hunts.

2. **Easter Bunny:** Similar to other cultures, the Easter Bunny is a beloved figure in British Easter celebrations. Children believe that the Easter Bunny brings Easter eggs and **hides** them around the house or garden for them to find on Easter morning.

3. **Easter Egg Hunt:** A popular activity during Easter time is the Easter egg hunt. Children search for hidden Easter eggs, either indoors or outdoors, with excitement and anticipation. It's a fun way to celebrate the holiday and enjoy time with family and friends.

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## **Exploring Catalan Tradition: Calçotada**

For those of you interested in Catalan culture, let me introduce you to the tradition of Calçotada. Calçots are a type of green onion that's grilled over an open flame until charred. They're then served with a delicious romesco sauce. Calçotada is not just a meal; it's a social event where friends and family gather to enjoy these tasty treats together. It's a wonderful example of how food brings people together in celebration.





Here is me eating and enjoying calçots

## 

I'm curious to know what Easter traditions you have in your own families and cultures. Do you celebrate with special foods, gatherings, or activities? Feel free to share your traditions with me; I'd love to learn more about how Easter is celebrated around the world.





## **EASTER IDIOMS AND PHRASAL VERBS**

 Egg someone on: To encourage someone to do something, often something mischievous or daring. Example: "His friends egged him on to try the Easter egg hunt in the dark."
Walk on eggshells: To be cautious and delicate in dealing with a sensitive situation or person. Example: "We have to walk on eggshells around Aunt Susan during Easter dinner."

3. Hunt high and low: To search everywhere thoroughly. Example: "We hunted high and low for the Easter eggs hidden in the garden."

4. **Easter bunny:** Not just a cute creature delivering chocolates, but also used to describe someone who is generous or helpful. Example: **"She's like the Easter bunny, always bringing treats to the office."** 

### Fill in the gaps with the appropriate phrasal verbs and idioms:

1. The kids \_\_\_\_\_ their parents \_\_\_\_\_ to let them go on the thrilling roller coaster ride at the Easter carnival.

2. With the family reunion looming, Sarah felt like she had to \_\_\_\_\_\_ whenever discussing her recent career change.

3. Despite \_\_\_\_\_, we couldn't find the spare keys anywhere in the house.

4. Our neighbour is such an \_\_\_\_\_, always offering to water our plants when we're away on Easter weekend.

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Language Tip:		ட	Ъ	Г	А	п	ட	C	C	C	BASKET
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Expand your vocabulary by											BUNNY
learning a new word each day	W	U	$\bot$	0	С	А	E	G	G	S	CARROTS
	P	F	D	W	С	Н	Ρ	R	Ρ	М	CHICKS
during the break. Write it					-		_				DYE
down, use it in a sentence,	W	Х	Ε	Ε	U	В	Ι	Ε	Р	0	EGGS
and try to incorporate it into	T	С	V	R	Κ	G	U	С	Ε	Н	FIND
your conversations.	D	Y	Ε	S	Ο	W	Х	Ν	Κ	Р	FLOWERS HIDE
	H	С	А	R	R	Ο	Т	S	Ν	S	HOP
	0	U	Ι	R	А	В	В	Ι	Т	Y	PEEP RABBIT
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## **RECIPE SHARE:**

## Easy Hot Cross Buns

Why not try your hand at baking this Easter with a simple recipe for **Hot Cross Buns**? These delicious spiced buns with their signature cross on top are a **traditional Easter treat in Britain.** 

Here's a basic recipe to get you started:

#### Ingredients:

- 500g strong bread flour
- 50g caster sugar
- 2 tsp mixed spice 2
- 1 tsp ground cinnamon
- 50g butter
- 200ml milk

- 2 eggs, beaten
- 50g sultanas or raisins
- -Zest of 1 orange
- 1 sachet fast-action dried yeast For the crosses:
- 75g plain flour
- Water (to make a paste)

#### Instructions:

1. Mix the flour, sugar, mixed spice, and cinnamon in a bowl. Rub in the butter until the mixture resembles breadcrumbs.

2. Warm the milk in a pan until it's just about to boil, then remove from the heat and pour into a jug. Leave to cool slightly.

3. Make a well in the center of the dry ingredients, then add the beaten eggs, warm milk, sultanas or raisins, orange zest, and yeast.

4. Mix everything together to form a dough, then knead on a floured surface for about 5-10 minutes until smooth and elastic.

5. Place the dough in a greased bowl, cover with a clean tea towel, and leave to rise in a warm place for about 1 hour, or until doubled in size.

6. Divide the dough into 12 equal pieces and shape each one into a bun. Place them on a baking tray lined with parchment paper, leaving some space between each bun.

7. For the crosses, mix the plain flour with enough water to make a thick paste. Spoon it into a piping bag (or a plastic bag with the corner snipped off) and pipe crosses onto the buns.

8. Bake in a preheated oven at 220°C (200°C fan) for 15-20 minutes, or until the buns are golden brown and sound hollow when tapped on the bottom.

9. While the buns are still warm, brush them with a little warmed honey or apricot jam for a shiny glaze.

10. **Enjoy** your homemade **Hot Cross Buns** with butter and a cup of tea or coffee!

#### I hope you enjoy trying out this recipe and sharing these delicious buns with your loved ones.





# **RECOMMENDED VIEWING**

During the Easter break, why not indulge in some English-language entertainment? I recommend the series **"The Crown"** for its rich language and historical context. It's available on various streaming platforms and provides an excellent opportunity to immerse yourself in British culture and language. I also recommend "Peter Rabbit" (2018) a fun film for all the family. A charming adaptation of Beatrix Potter's classic tale, perfect for all ages. Follow the mischievous Peter Rabbit and his friends as they embark on adventures in the English countryside.



### OUTSTANDING ENSEMBLE IN A DRAMA SERIES

OUTSTANDING ACTRESS IN A DRAMA SERIES ELIZABETH DEBICKI





Watch the trailer of: The Crown

## **ANNOUNCING OUR EXCITING LANGUAGE AUDIO SPEAKING PROGRAMME!**

#### ARE YOU READY TO ELEVATE YOUR ENGLISH LANGUAGE SKILLS TO NEW HEIGHTS?

INTRODUCING OUR **"MASTERING ENGLISH THROUGH VOICE APPS"** PROGRAMME—A DYNAMIC THREE-WEEK COURSE DESIGNED TO ENHANCE YOUR SPEAKING PROFICIENCY AND BOOST YOUR CONFIDENCE IN ENGLISH COMMUNICATION.

HERE'S A SNEAK PEEK AT WHAT YOU CAN EXPECT:

#### WEEK 1: GETTING STARTED

GET ACQUAINTED WITH THE COURSE STRUCTURE AND OBJECTIVES, LEARN HOW TO LEVERAGE VOICE APPS FOR LANGUAGE LEARNING, AND SET PERSONALIZED GOALS FOR YOUR LINGUISTIC JOURNEY. ENGAGE IN PRACTICE SESSIONS, RECEIVE CONSTRUCTIVE FEEDBACK, AND PARTICIPATE IN OPTIONAL GROUP DISCUSSIONS TO ENRICH YOUR LEARNING EXPERIENCE.

#### **WEEK 2: DEVELOPING FLUENCY**

DIVE DEEPER INTO THEMATIC SPEAKING PROMPTS, SHARPEN YOUR FLUENCY, AND EXPAND YOUR VOCABULARY ON VARIOUS SUBJECTS. BENEFIT FROM INDIVIDUAL COACHING SESSIONS TAILORED TO YOUR PROGRESS AND RECEIVE GUIDANCE FOR IMPROVEMENT.

#### **WEEK 3: CONSOLIDATING SKILLS**

CHALLENGE YOURSELF WITH ADVANCED SPEAKING PROMPTS, REFINE YOUR PRONUNCIATION, GRAMMAR, AND OVERALL FLUENCY, AND REFLECT ON YOUR LANGUAGE LEARNING JOURNEY. WRAP UP THE COURSE WITH A FINAL 1:1 COACHING SESSION TO CELEBRATE YOUR ACHIEVEMENTS AND SET GOALS FOR CONTINUED GROWTH.

JOIN US IN MASTERING ENGLISH THROUGH AUDIO AND UNLOCK A WORLD OF OPPORTUNITIES FOR PERSONAL AND PROFESSIONAL GROWTH. SIGN UP TODAY!

#### YORKSTON SCHOOL 🖋 🔆

